

# Help!!!!



You are a St John's Ambulance team member. At a weekend soccer match one of the players has cut her left arm badly, the bleeding is not stopping. What can you do to help?

1. Write a series of questions about the symptoms and signs that the player might have.  
E.g. Is the pulse weak?
2. Describe how you will manage the treatment of the bleeding.
3. Make a list of things to remember when treating this injury.
4. Prepare a demonstration of the treatment of continuous external bleeding for the class. Yes you can include a role-play of the actual injury.

## Procedure

You will need to work in groups of 3

One person will be the injured soccer player.

Two people will administer first aid. One person will need to read out the questions about the signs and symptoms of a bleeding injury, the other will need to answer these questions.

Bandages are available in the First Aid Kit.

## Remember

Use a dictionary if there are words you do not understand.

Be as accurate as you can.

Ask me if you have any problems.

## Reference

<http://www.ambulance.net.au/simpaid-5.html>

DRACB <http://www.ambulance.net.au/simpaid-1.html>

## Evaluation

Symptoms & Symptoms 30 points

Management 20 points

Things to Remember 15 points

Demonstration 35 points



# Help!!!!

**You are a St John's Ambulance team member. At a weekend cricket match one of the players has broken his right leg, and is in a great deal of pain. What can you do to help?**

1. Write a series of questions about the symptoms and signs that the cricket player might have. E.g. Is she in pain?
2. Describe how you will manage the treatment of the injury.
3. Make a list of things to remember when treating this injury.
4. Prepare a demonstration of the treatment of a broken leg for the class. Yes you can include a role-play of the actual injury.

### **Procedure**

You will need to work in groups of 3

One person will be injured cricket player.

Two people will administer first aid. One person will need to read out the questions about the signs and symptoms of broken bones, the other will need to answer these questions. Bandages & splints are available in the First Aid Kit.

### **Remember**

Use a dictionary if there are words you do not understand.

Be as accurate as you can.

Ask me if you have any problems.

### **Reference**

<http://www.ambulance.net.au/simpaid-5.html>

**DRACB** <http://www.ambulance.net.au/simpaid-1.html>

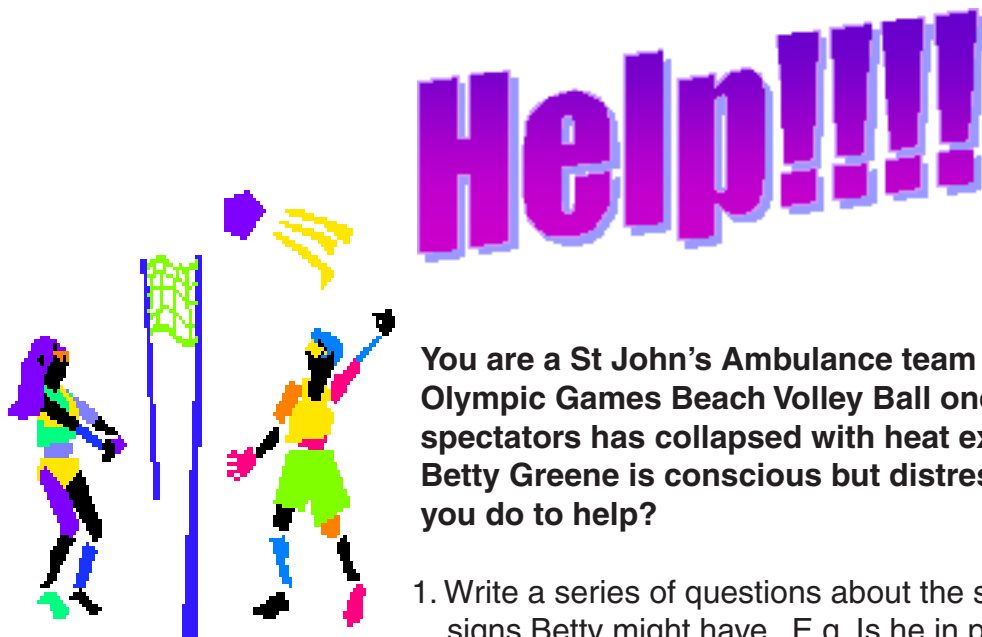
### **Evaluation**

Symptoms & Symptoms 30 points

Management 20 points

Things to Remember 15 points

Demonstration 35 points



**You are a St John's Ambulance team member. At Olympic Games Beach Volley Ball one of the spectators has collapsed with heat exhaustion, Ms Betty Greene is conscious but distressed. What can you do to help?**

1. Write a series of questions about the symptoms and signs Betty might have. E.g. Is he in pain?
2. Describe how you will manage the treatment for heat exhaustion.
3. Make a list of things to remember when treating heat exhaustion.
4. Prepare a demonstration of the treatment of heat exhaustion for the class. Yes you can include a role-play of Betty collapsing.

### **Procedure**

You will need to work in groups of 3

One person will be Betty.

Two people will administer first aid. One person will need to read out the questions about the signs and symptoms of heat exhaustion, the other will need to answer these questions.

### **Remember**

Use a dictionary if there are words you do not understand.

Be as accurate as you can.

Ask me if you have any problems.

### **Reference**

<http://www.ambulance.net.au/simpaid-7.html>

### **Evaluation**

Symptoms & Symptoms 30 points

Management 20 points

Things to Remember 15 points

Demonstration 35 points

# Help!!!!



**You are a St John's Ambulance team member. Your neighbour's child, Emma, has just ingested some kerosene, the child is distressed. What procedure will you follow to save Emma's life**

1. Write a series of questions about the symptoms and signs that Emma might have. E.g. Does Emma have red lips?
2. Describe how you will manage Emma's treatment.
3. Make a list of things to remember when treating this type of casualty.
4. Prepare a demonstration of Emma's treatment for the class. Yes, you can include a role-play of the actual incident.

## **Procedure**

You will need to work in a group of 4.

One person will be Emma. Another person will be Emma's mother.

Two people will administer first aid. One person will need to read out the questions about the signs and symptoms of a poisoning casualty, the other will need to answer these questions.

## **Remember**

Use a dictionary if there are words you do not understand.

Be as accurate as you can.

Ask me if you have any problems.

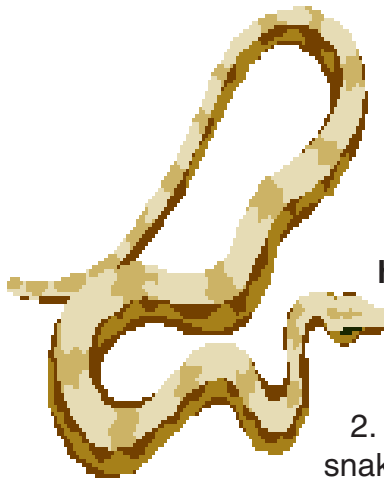
## **Reference**

<http://www.ambulance.net.au/simpaid-8.html>

## **Evaluation**

Symptoms & Symptoms	30 points
Management	20 points
Things to Remember	15 points
Demonstration	35 points

# Help!!!!



**Your friend Max has been bitten by a snake, he is conscious. Do you know what to do? Can you save his life?**

1. Write a series of questions about the symptoms and signs that Max might have. E.g. Is he vomiting?
2. Describe how you will manage the treatment of the snakebite.
3. Make a list of things to remember when treating this injury.
4. Prepare a demonstration of the treatment of snakebite for the class. Yes you can include a role-play of the actual injury.

## **Procedure**

You will need to work in groups of 3

One person will be Max the snake bite victim.

Two people will administer first aid. One person will need to read out the questions about the signs and symptoms of snake bite, the other will need to answer these questions.

Bandages are available in the First Aid Kit.

## **Remember**

Use a dictionary if there are words you do not understand.

Be as accurate as you can.

Ask me if you have any problems.

## **Reference**

**<http://www.ambulance.net.au/simpaid-5.html>**

## **Evaluation**

Symptoms & Symptoms	30 points
Management	20 points
Things to Remember	15 points
Demonstration	35 points